
Making effective decisions

Overview

In its simplest form, decision-making is the act of choosing between two or more courses of action. And yet, have you ever felt that making one more decision in a day would just be too much? Maybe you are faced with the challenge of making unpopular decisions or struggle making decisions when the context is uncertain or ambiguous? Or is it that you are frustrated with the process of group decision making and the seeming inability to move things forward from one meeting to the next?

This workshop is designed to give you an insight into the things that help and hinder your effectiveness in decision making and introduces concepts and techniques with the potential to improve your decision-making ability.

Workshop outcomes

For participants to be able to:

- understand the role that logic and intuition play in decision making
- have a greater awareness of the factors that impact effectiveness in making decisions
- be in a position to apply a range of techniques to improve their personal and group decision making ability.

Outline content

- Rational decision making
- How we really decide
- Decision fatigue
- Elements of better decision making
- Making decisions in groups

How long is the workshop?

1 day

Who is it for?

Anyone who wants to improve their decision-making ability and reduce the potential stress involved in making effective decisions.

